



A.M.A.B.
ASSOCIAZIONE MEDICI AGOPUNTORI BOLOGNESI
Fondata nel 1986
SCUOLA ITALO – CINESE DI AGOPUNTURA

2nd INTERNATIONAL SYMPOSIUM ON RESEARCH IN ACUPUNCTURE

October 20-21, 2018
Savoia Hotel Regency, Bologna

Organised by

A.M.A.B. (ASSOCIAZIONE MEDICI AGOPUNTORI BOLOGNESI - Association of Medical Acupuncturists of Bologna)
and
SAR (Society for Acupuncture Research)

PROVISIONAL PROGRAM (Last updated April, 06)

20th October

- 8:30 Registration of participants
- 9:00 Opening and welcome speech
*Chairs: **Umberto Mazzanti**, Vice President of A.M.A.B.
Carlo Maria Giovanardi, President of A.M.A.B.
Vitaly Napadow, Co-President of S.A.R.
Konstantina Theodoratou, President of I.C.M.A.R.T.*
- 9:15 Introduction to the Symposium
Carlo Maria Giovanardi and **Vitaly Napadow**, *Symposium Scientific Co-Chairs*

Panel Session 1 – First Part

MECHANISMS OF ACTION AND CURRENT TRENDS IN ACUPUNCTURE RESEARCH

*Chairs: **Helene Langevin** - **Thomas Ots***

- 9:25 Presentation of topics and panellists
- 9:30 Reward circuitry plasticity in the perception of pain following acupuncture
T. LUNDEBERG
- 10:00 Self-acupressure for chronic pain and fatigue: efficacy and mechanism
R. HARRIS
- 10:30 Current evidences and methodological issues of acupuncture researches
M.S.LEE

11:00 Discussion

11:30 Coffee break

Panel Session 1 – Second Part
MECHANISMS OF ACTION AND CURRENT TRENDS IN ACUPUNCTURE RESEARCH

Chairs: Richard Harris- Alberto Garoli

11:45 Presentation of topics and panellists

11:50 Distant effects of acupuncture on connective tissue

H. LANGEVIN

12:20 Role of neuroimaging to assess acupuncture-induced neuroplasticity in pain relief

V. NAPADOW

12:50 Discussion

13:15 Lunch

Panel Session 2
INTEGRATION OF ACUPUNCTURE INTO HEALTHCARE SYSTEMS: REGULATORY AND COST-EFFECTIVENESS ASPECTS

Chairs: Rosa Schnyer - Eleonora Marchi

14:25 Presentation of topics and panellists

14:30 Cost-effectiveness of acupuncture and integration into healthcare – Examples from Europe

C. WITT

15:00 Integrating acupuncture services into conventional academic and military medical centers in the United States

R. COEYTAUX

15:30 Beyond efficacy: conducting and translating research for policy-makers considering acupuncture reimbursement in a small, rural US state

R. DAVIS

16:00 Discussion

16:30 **Coffee break**

POSTER SESSION

Chair: Annunzio Matrà

16:50

17:50 Discussion

18:10 **Closing remarks**

21st October

Panel Session 3

RESEARCH METHODOLOGY AND EBM IN ACUPUNCTURE. THE PLACEBO ISSUE

Chairs: Robert Davis - Federico Marmori

- 8:25 Presentation of topics and panellists
- 8:30 Towards a better understanding of why so many acupuncture trials are "negative" in contrast to results often seen in clinical practice
H. MACPHERSON
- 9:00 Recommendations for the use of acupuncture in clinical practice and treatment guidelines
S. BIRCH
- 9:30 Round Table Discussion
- 10:30 *Coffee break*

Panel Session 4

FROM ACUPUNCTURE RESEARCH TO CLINICAL PRACTICE

Chairs: Remy Coeytaux - Carlo Maria Giovanardi

- 10:45 Presentation of topics and panellists
- 10:50 Evidence-informed integration of acupuncture into cancer care
J. MAO
- 11:20 Acupuncture in the treatment of Gulf War illness among veterans
R. SCHNYER
- 11:50 Acupuncture in migraine: from research to clinical management
G.B. ALLAIS
- 12:20 Discussion
- 12:50 CME and survey of participants' satisfaction
- 13:10 Symposium Conclusions

Speakers and Chairs

Giovanni Battista Allais, MD

Head of Women's Headache Center and Service for Acupuncture in Obstetrics and Gynecology, University of Turin, Turin, Italy
Adjunct Professor at the School of Medicine of the University of Turin, Italy
Scientific Director of CSTNF – School of Acupuncture, Turin, Italy

Stephen Birch PhD, Lac

Associate Professor, Kristiania University College, Department of Health Sciences. Oslo, Norway

Remy R. Coeytaux, MD, PhD

Caryl J Guth, MD Chair in Integrative Medicine
Professor, Family and Community Medicine
Wake Forest University School of Medicine, NC, USA

Robert Davis, MS, LAc

SAR Co-President
Clinician, University of Vermont Medical Center
Acupuncture Vermont Oriental Medical Clinic, PLC, USA

Alberto Garoli, MD

Scientific Director and Chief Researcher, AnthroposNet International Network Medicine Group. Teaching: Physiology in Biomechanics at the Department of Morphology, Experimental Medicine and Surgery at University of Ferrara, Italy

Carlo Maria Giovanardi, MD

President of A.M.A.B. (Association of Medical Acupuncturists of Bologna)
President of the Italian Federation of Acupuncture Societies (FISA)
Vice President of the WFCMS (World Federation of Chinese Medicine Societies)
Vice President of PEFOTS (Pan European Federation of TCM Societies), Bologna, Italy

Richard Harris, PhD

Associate Professor Department of Anesthesiology
Department of Internal Medicine Division of Rheumatology
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Helene Langevin, MD, LAc

Professor in Residence of Medicine
Director, Osher Center for Integrative Medicine
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Professor of University of Science and Technology, Daejeon, Korea
Professor of London Southbank University, London, UK
Professor of Tianjin University of Traditional Chinese Medicine Tianjin, Seoul, Korea

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Medical Director Insurance Medicine
Rehabilitation Medicine University Clinic Stockholm
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Hugh MacPherson, PhD

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University of York, UK

Jun J. Mao, MD, MSCE

Laurance S. Rockefeller Chair in Integrative Medicine
Chief, Integrative Medicine Service
Memorial Sloan Kettering Cancer Center

Eleonora Marchi, MD

Professor of A.M.A.B. - Italian-Chinese School of Acupuncture (Association of Medical Acupuncturists of Bologna), RSM

Federico Marmori, PhD

European Foundation of Traditional Chinese Medicine (FEMTC)
Acupuncture Department Director, Medimar International Hospital, Alicante, Spain

Annunzio Matrà, MD

Professor and Chief of A.M.A.B. Clinical Research, (Association of Medical Acupuncturists of Bologna), Bologna, Italy

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Board Member of FISA (Italian Federation of Acupuncture Societies)

General Secretary of PEFOTS (Pan European Federation of TCM Societies)

Member of the Council Board of WFCMS (World Federation of Chinese Medicine Societies), Bologna, Italy

Vitaly Napadow, PhD, LAc

SAR Co-President

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Thomas Ots, MD

Editor-in-Chief, Deutsche Zeitschrift für Akupunktur - German Journal of Acupuncture and Related Techniques, Graz, Austria

Rosa Schnyer, DAOM, LAc

Clinical Assistant Professor, School of Nursing

University of Texas in Austin, TX, USA

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Professor and Director, Institute for Complementary and Integrative Medicine,

University Hospital Zurich and University Zurich, Switzerland