

# 1<sup>st</sup> International Research Seminar on Ayurveda (IRSA)

Part of the 16<sup>th</sup> International Ayurveda Symposium

in Birstein/Germany

[www.ayurveda-symposium.org](http://www.ayurveda-symposium.org)



Sunday, 14<sup>th</sup> September, 2014

Morning session

## Young Research

Presentation of up to 6 research projects from senior and junior scientists (15 to 20 minutes each)

Panel discussion

Best research paper award

Afternoon session

## Mental Health

Brief introduction on mental health

Current situation

- Mental health today from a global perspective
- Critical review of the modern understanding of mental health and modern treatment strategies

Mental health in Ayurveda

- Mental health from the perspective of the ancient texts of Ayurveda
- Potential areas of contribution of Ayurveda to modern mental health issues
- Guidelines for the use of Ayurveda in mental health care today

Implementation

- Guidelines for further research on Ayurveda in mental health care

Monday, 15<sup>th</sup> September, 2014

Session 1

## The Future of Ayurveda Research

Two keynote presentations by members of the advisory board  
Strategies to encourage the growth of Ayurveda research globally  
Education methodology

Session 2

## Methodology of research on Ayurveda

- Showcase of scientific clinical trials that do not compromise the foundations of the Ayurvedic approach

Guidelines for research on Ayurveda

Session 3

## Collaboration strategies and funding

Guidelines

- How does a collaboration work?
- How can you have a leverage effect on each others potentials?
- What should be the basis of a collaboration?



## Call for Papers

The scientific committee of IRSA calls on researchers from India, Europe and other countries to present their works in the field of Ayurveda medicine on the 1<sup>st</sup> International Research Seminar on Ayurveda. Selected abstracts will be published in peer reviewed journals.

Interested scientists and students are requested to send an abstract of their presentation in English electronically via <http://submissions.irs-a-birstein.org/frmabstractsub.aspx>

Abstracts sent by email will not be accepted. All submitted abstracts will be subjected to blinded peer review before acceptance.

### Schedule

Closing date for abstracts: 31<sup>st</sup> May, 2014  
Selection process and notification of candidates: 30<sup>th</sup> June, 2014  
Closing date for presentations: 31<sup>st</sup> Aug., 2014

For details and covered expenses, please see website of the 16<sup>th</sup> International Ayurveda Symposium:

[www.ayurveda-symposium.org](http://www.ayurveda-symposium.org)



European Academy  
for Ayurveda

Forsthausstraße 6  
63633 Birstein (Germany)  
Tel +49 (0) 60 54-9131-0  
[irs-a@ayurveda-symposium.org](mailto:irs-a@ayurveda-symposium.org)  
[www.ayurveda-symposium.org](http://www.ayurveda-symposium.org)

## The IRSA Committee

### Program Committee

- Antonio Morandi MD, Italy (Head of Scientific Board)
- Vaidya Ram Manohar MD (Ayu), India (Head of Scientific Board, Scientific Review)
- Aштavaidyаn Narayanan Nambi MD (Ayu), India (Scientific Coordinator)
- Jorge Luis Berra MD, Argentina (Member Program Committee)
- Prof. Anand Dhruva MD, USA (Member Program Committee)
- Prof. Martin Mittwede PhD, Germany

- (Member Program Committee)
- Prof. Tanuja Nesari MD (Ayu), India (Member Program Committee)
- Madan Thangavelu PhD, UK (Member Program Committee)

### Scientific Advisory Board

- Prof. Antonella delle Fave MD, Italy (University of Milano, Luigi Sacco Hospital)
- Prof. Torkel Falkenberg PhD, Sweden (Karolinska Institutet)
- Prof. Horst Przuntek MD, Germany (Ruhr University Bochum)
- Prof. Rama Jayasundar PhD BAMS, India

- (All India Institute for Medical Science)
- Prof. Abhimanyu Kumar MD (Ayu) MSc PhD, India (Director CCRAS Central Council for Research in Ayurvedic Science and AIIA)
- Prof. Rajesh Kotecha MD (Ayu), India (Vice Chancellor Gujarat Ayurved Univ.)
- DBA Narayan PhD, India (Chairman Herbs and Herbal Products Committee, Indian Pharmacopoeia Commission, Ministry of Health, Govt. of India)
- Prof. Paolo Roberti di Sarsina MD, Italy (Ministry of Health Italy, University of Milano-Bicocca)
- Prof. em. R.H. Singh, India (Banares Hindu University)