

# Preconception health and care

## Experiences in The Netherlands and in Italy

Aula Salviati, Ospedale Bambino Gesù, Roma  
27 Gennaio 2011 8:30–13:30

- 8:30–9:00**      **Introduction**  
Bruno Dallapiccola, Direttore Scientifico Ospedale Pediatrico Bambino Gesù  
Giovanni Battista Ascone, Dirigente, Ministero Salute  
Alberto G Ugazio, Presidente Società Italiana di Pediatria
- 9:00–9:40**      **Preconception care in The Netherlands and its role in improving urban perinatal health**  
Eric AP Steegers (Rotterdam, The Netherlands)
- 9:40-10:00**      **Preconception care in Italy: the "Pensiamoci Prima" Project**  
Pierpaolo Mastroiacovo (Roma, Italy)
- 10:00–10:40**      **The History and development of preconception care the Netherlands and success of an interactive preconception tool "zwangerwijzer.nl"**  
Elsbeth van Vliet (Rotterdam, The Netherlands)
- 10:40-11:00**      Coffee break
- 11:00–11:20**      **Preconception health promotion and individualized risk assessment through internet: an Italian project**  
Alberto Tozzi (Roma, Italy)
- 11:20–12:00**      **Preconception care directed on nutrition and lifestyle: research and practice**  
Regine PM Steegers-Theunissen (Rotterdam, The Netherlands)
- 12:00-12:20**      **Randomized clinical trial to evaluate the efficacy of 4.0 mg/day vs 0.4 mg/day of periconceptual folic acid supplementation to prevent the occurrence of congenital malformations**  
Renata Bortolus (Verona, Italy)
- 12:20-12:40**      **Minister of Health Address**  
Onorevole Eugenia Roccella, Sottosegretario Ministero della Salute
- 12:40–13:30**      **Discussion**